



# F.A.I.T.H. Initiatives

Face Addiction with Intervention & Training for Healing

Presents...

## Pathways to Freedom Series

### Session 2: Strengthening Relationships for People and Families in Recovery



This training will examine the history and the role of peer support - what is it and what is it not, as well as, the evidence for its effectiveness in encouraging long-term recovery. Also covered will be the role of ambivalence in the ability to offer support and how caregivers can best support the process of recovery while maintaining strong, healthy boundaries. The idea of “recovery capital” will also be discussed, and individual efficacy in living a balanced and healthy life. Finally, we will look at the role of “treatment” in the recovery process as well as analyze the multiple pathways towards recovery.

**As a result of this workshop, participants will gain a better understanding...**

1. on the history and the role of peer support and the evidence for its effectiveness in encouraging long-term recovery;
2. of the role of ambivalence in its ability to offer support; and
3. on how caregivers can best support the process of recovery while maintaining strong, healthy boundaries;

**March 17, 2022  
6:30-8:30pm, ZOOM**

**Presenter**

**Scott Theurer**, Director of Recovery Environments at R3 Recovery Houses, Lancaster

MARCH 2022

Su	M	Tu	W	T	Fri	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	<b>17</b>	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**SAVE the DATE:** Session 3 - The Jagged Path towards Full Recovery on April 21, 2022

**Register at**

[www.goalproject.org/training](http://www.goalproject.org/training)

Questions? Email [mail@goalproject.org](mailto:mail@goalproject.org)

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