



Getting Through the Holidays

2 Credit Hours

Date: Monday, Dec. 10th

Time: 6:30 pm Registration,
7:00pm – 9:00pm Program

Address: Grace Fellowship Church, 74 E
Forrest Ave, Shrewsbury, PA

Pre-register at: www.goalproject.org

You are not alone. The holidays can be a difficult time coping with losses, getting through personal struggles especially if loved ones are in active addiction or in recovery. Join us in fellowship and support. Five panelists will share their stories briefly and the second hour of this workshop will be Q&A.

Sponsored by GOAL Project
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Global Outreach for Addiction Leadership and Learning

GOAL

GLOBAL ADDICTION RECOVERY PARTNERS



Panelists

Terry Webb has 35 years in recovery from her family disease of addiction. During those years, Terry had to find ways to get through and enjoy the holidays. Terry holds a doctorate in marriage and family counseling and addiction intervention, and has written numerous books on addiction and recovery.

Marj Paradise lost a daughter, Liz, to addiction in 2015. Marj tried to assist her daughter to recovery, and she now uses this energy to speak to others with the hope that at least one heart will be touched. Marj is a Psychologist, serving the Lancaster County community since 1981.

Steve Schedler has served in Human Services for over 15 years. He has degrees from Penn State University and Temple. He currently serves as Executive and Clinical Director at Naaman Center on the front lines of proactively addressing addiction issues in our region. Steve is also an instructor at Messiah College where he educates future counselors on addiction issues.

Joseph Cavanaugh is 16 years in recovery, married with 5 children, 4 grandchildren and 1 on the way. His eldest son died 2 years ago of alcohol overdose. His eldest daughter is an active heroin addict. Joe has guardianship of his grandson, a senior in H.S.. Joe is involved in leadership roles in AA, Celebrate Recovery, and mentors 5 young men.

Kris Trainer is married and a mom who has a son who has been struggling with addiction for over 20 years. He is now 6 months in recovery.

